

聖神天主堂

Sheng Shen (Holy Spirit) Parish

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平日感恩祭 Weekday Mass

星期一至星期四中午十二時 Monday-Thursday 12:00pm 星期六下午一時 Saturday 1:00pm

主日感恩祭 Sunday Mass

星期日上午十一時半 Sunday 11:30am 另加: 每月第三星期日上午九時半

In addition: Third Sunday of the month: 9:30am

成人慕道 Rite of Christians Initiation of Adults (RCIA) (粵語,國語,英語) 星期日 上午十時半 Sunday 10:30am

青少年活動 Children/Youth **Activities**

星期日上午十時半

Sunday 10:30am

兒童禮儀 Children Liturgy

星期日上午十一時半 Sunday 11:30am

堂區辦公時間 Parish Office Hours

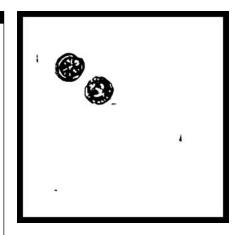
星期二至五 早上十時至中午十二時 Tue-Fri 10:00am-

12:00pm

惠捐支票抬頭 Please make all cheques payable to:

Sheng Shen Chinese Catholic Community'





November 11, 2018

常年期第三十二主日

32nd Sunday in Ordinary Time

我實在告訴你們 : 這個寡婦比 所有向銀庫裏投錢的人,投的

谷: 12:43

更多.

Amen, I say to you, this poor widow put in more than all the other contributors to the treasury.

Mark 12:43



November 18, 2018

常年期第三十三主日 33rd Sunday in Ordinary Time

你們應由無花果樹取個比喻.

Learn a lesson from the fig tree.

Mark 13:28



November 25, 2018

耶穌基督普世君王節

Jesus Christ, King of the Universe

那麼, 你就是君王了?

若: 18:37

Then you are a king?"

John 18:37

PASTOR'S MESSAGE 梁增仁神父 Rev. Fr. Stephen Liang M.D., Priest Moderator

31st Sunday in Ordinary Time

"Which is the first of all the commandments?"

"The first is this: You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: You shall love your neighbor as yourself. There is no other commandment greater that these . . .

"You are not far from the kingdom of God." Mark 12: 28-34

Many of us imagine ourselves as possessing only a certain, finite amount of "love" that we are able to give — and once that love is exhausted, that's it. But Jesus reminds us in today's Gospel that love is a verb as well as a noun; love is a way of acting and responding; love is something we do, not a commodity we possess. Love enters the world through God's creating us and all that is good; the same love that compels God to create God "breathes" into us to continue God's work of creation by re-creating our world in compassion and peace. In light of today's Gospel, may we re-think our understanding of love: not as a limited "commodity" we possess but a spirit instilled in us that enables us to realize, in the good we do and give, the peace of God's kingdom here and now.

The kingdom of God is not some theoretical, future existence. It is now. It is created one house at a time. It embraces every family of every race and creed and culture. God's kingdom, Jesus says, "is not far" — it's as close as our homes, it is lived in our love for our families and friends. God's kingdom is realized in every act of compassionate charity and selfless sacrifice, when our humanity most resembles God; it is built of the respect and honor we afford to all God's sons and daughters, for in

our love and care for them, we most sincerely praise God. In the two-fold "great commandment," we discover a purpose to our lives much greater and larger than ourselves and our own needs, interests, prejudices and biases; in the loving embrace of God and our loving embrace of one another, we create, here and now, the kingdom of God.

"一切誡命中,那一條是第一條呢?"

"第一條是: 你應當全心, 全靈, 全意 , 全力愛上主, 你的天主. 第二條是: 你應當愛近人如你自已 . 再沒有別的誡命比這 兩條更大的了… "你離天主的國不遠了 ." 谷: 12: 28-34

我們會想像我們能付出的愛是有極限而非無窮無盡的.但在今日的福音,耶穌提醒我們愛包含了行動與回應,其實是一些我們做的事,而非我們擁有的物品.天主創造了我們,讓愛滿盈世界,樣樣都是好的.同樣,天主創世的愛也鼓動我們讓慈悲與和平延續在世間.因此,讓我們反思對愛的瞭解:愛並不局限於一些我們擁有的物品,卻是主恩引導我們明白透過我們所做的善舉,天國的平和就存在我們中間.

天國就在目前,並非理論或存在於未來.天國存在每一家庭,包含了各種族,宗教信仰和文化.耶穌說:天國近在咫尺,就如在我們溫馨的家中,充滿我們對親友的愛.當我們人類效法天主,以仁愛無私來奉獻,天國便臨在了.天國建立於我們對天主子女的關懷與尊敬,這猶如我們誠心讚揚上主.

從兩大誡命中,我們察覺到生命的意義比我們自己 ,我們的需要 ,興趣 ,成見 與歧視 更重要 . 當我們欣然接受上主和各兄弟姊妹時 ,天國便即時臨在我們中間 。

十一月份聖言默想

黃航海神父

常年期第31主日

- 1. 我們怎么感受撒馬利亞 人的比喻?
- 2. 我們怎么了解愛主愛人
- 3. 我們懂不懂這句話: -個愛德兩個對像呢?

常年期第32主日

- 1. 那寡婦在匝爾法特,她為厄里亞先知做了什么?
- 2. 在今天福音中主耶穌注意那寡婦作了什麼?
- 3. 那個寡婦在匝爾法特很慷慨, 天主給她什麼賞報?
- 4. 財產,物資,愛心那種重要?
- 5. 兩位寡婦給了我們什么啟示呢?

常年期第33主日

- 1. 我們什麼時候或在那裡 對不起天主呢?對於世界 末日我們有什麼想法呢?
- 2. 對我們來說死亡是什么?
- 3. 我們有感受到主耶穌在十 字架上的死亡嗎?

耶穌君王主日

- 1. 皇帝是什么?
- 2. 我們怎么感受主耶穌的王權?
- 為什么比拉多保留這句話
 納匝肋人耶穌,猶太人的國王」呢?

為嚮應環保及節省印刷開支,堂區現用電郵發放每月的通訊。教友如欲索閱印製的堂區通訊,可向堂區辦事處聯絡。

To be environmentally friendly and to minimize our printing cost, our parish will distribute the monthly bulletin electronically from now on. Parishioners wishing to get the hard copy bulletin should approach the Parish Office.

所有聖事禮儀的咨詢,特別是殯葬,結婚或嬰孩洗禮等禮儀,首先要直接與梁增仁神父或范浩泉 執事聯絡及會面後才可訂定舉行日期。會面時,自會解釋禮儀程序及其他資料。

All Sacramental requests, especially funeral, wedding and infant baptism, must first book an appointment with Fr. Stephen Liang or Deacon Peter Fan before any decision be made on the date of the event. They will be briefed about procedures and requirement in the interview with either Fr. Liang or Deacon Fan.

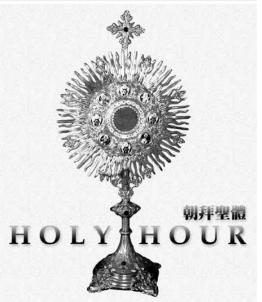
此通訊只刊登堂區主辦的活動及有關資料。內容由行政事務管理決定。

All material that is submitted for publication in the bulletin must be parish-sponsored activities. The publication of such material is at the discretion of the Administration.

堂區現推出"奉獻彌撒店"給教友選擇以"奉獻彌撒"方式向亡者家人或親友致悼念/為亡者靈魂安息祈禱/感恩用途。此方法與目前奉獻彌撒沒有改變,教友仍舊向堂區辦事處登記日期奉獻彌撒,(每台奉獻彌收費\$15.00),而堂區辦事處會隨後以奉獻彌撒店通知被奉獻彌撒者及其家人有關日期等事宜。

請各小組協調人及教友注意,每主日堂區報告及奉獻彌撒通知截止時間改為逄星期三中午十二時。

成人慕道 - 普通話與粵語的成人慕道每星期日上午十時三十分在神父宿舍進行. 查詢可與范執事 聯絡。



二零一八年十一月 November 2018

十一月十七日 (星期六) 下午一時三十分 November 17, 2018 (Saturday) 1:30 PM



www.facebook.com/pages/Sheng-Shen-Catholic-Parish/501505729860726

教宗方濟各十一月份的祈禱意向 Pope Francis Prayer of Intention for September 2018

總意向: 和平的事工

以慈愛與對話表達信息總可克服衝突的語言。

Universal - In Service of Peace

That the language of love and dialogue may always prevail over the language of conflict.



11月1日 **諸聖節** 天主願意我們得救,在世上度著充滿著愛的豐富生命 來日在天上做聖人,繼續為世人造補,及為人祈禱。

11月1日是煉靈月的開始,教會鼓勵教友在11月,特別為煉獄靈魂祈禱,因為我們相信,在主內,無論生者死者,都是我們的弟兄姊妹,都是值得我們紀念和關懷的。另一方面也使我們更加努力地善度今生,保持純潔無罪,好能得到善終而進入永生的天鄉。

The month of November is dedicated to the Holy Souls in Purgatory. The Church commemorates all her faithful children who have departed from this life, but have not yet attained the joys of heaven.



















將臨期首主日彌撒結束前 開始誦念聖彌額爾總領天使禱文

Prayer to St. Michael, the Archangel at end of Mass commencing Advent 1st Sunday Mass

Extracted from part of Archbishop's Message to All Priests in his text to Ottawa Sun in Oct.2018

The Catholic Church the world over is undergoing some turmoil and division. Pope Francis says this should not be surprising as it is the role of Satan to divide people and cause confusion. In addition to human weakness and sinfulness behind divisions in the Church, Pope Francis sees a cosmic battle between the forces of good and evil at work touching men and women in our time. To counteract these, he has proposed spiritual remedies.

Pope Francis has personally asked us to embrace a particular spiritual means in this month of October by reciting the rosary daily. At the conclusion to the rosary, the pope urged Catholics to add two invocations: a special prayer to Mary and another to the Archangel Saint Michael. The Bible repeatedly depicts Saint Michael winning by God's power a titanic battle in heaven—described in the Book of Daniel (10.13–21; 12.1) and the Book of Revelation (12.7–9). The Holy Father asked the faithful of the entire world to pray that the Holy Mother of God place the Church beneath her protective mantle. We are to implore her to preserve the Church from attacks by the devil, "the great accuser." We are also to ask her intercession to make members of the Church more aware of the faults, the errors, and the abuses committed recently and in the past, so that, being converted, evil may no longer prevail over us.

Archbishop Prendergast invites pastors in the Ottawa and Cornwall dioceses to introduce this practice in their churches beginning on December 2, the First Sunday of Advent. The celebrant will separate the prayer from the Mass by reciting it after the dismissal of the assembly before or after the final hymn. The struggle that the Church faces now has both a temporal and a spiritual component. But we must also seek spiritual assistance in this battle against malign forces. My hope is parishes joining together using this traditional prayer appealing to God for the intercession of Saint Michael will be encouraged and helped towards renewal, healing and safeguarding the most vulnerable among us.

鑑於現今聖教會正面對一些騷動與分裂, 教宗方濟各認為是撒旦作祟分化人類及製 造混亂 .

他建議以祈禱消解善與惡的對抗.在十月份,他邀請信眾念玫瑰經後向聖母及聖彌額爾總領天使禱告,祈求保衛聖教會及更新信仰,醒覺過錯弊端,從而消滅邪惡.

同樣,渥太華Prendergast 主教現鼓勵各堂區從十二月二日將臨期首主日開始在彌撒完結前誦念聖彌額爾總領天使禱文.據達尼爾書(10.13 - 21; 12.1)記載,聖彌額爾總領天使保守了他.而在若望默示錄(12.7 - 9),聖彌額爾總領天使與大龍(撒殫)交戰勝利...

聖教會現今的掙扎涉及世俗與靈性的成分,我們需要尋求靈性的扶助才能抵制 惡意的攻擊 .



Food DRIVE COLLECTE DE DENRÉES DES COL Decem

為響應食物銀行每年的 Holiday Food Drive 運動, 堂區由現在 直到12月31日會收集乾貨食品 或現金捐助. 請大家支持.

In response to Food Bank's Annual Holiday Food Drive, we are collecting dry food or cash donation until December 31st. Please show your support.

A Harvest celebration of the Faith Garden 13/10 秋收慶祝日

Following a summer of planting and hard work, especially those are involved in the daily operation of the vegetable garden and clearing of the grounds behind the church, our parish invited the participants of the Faith Garden Green Project to a harvest celebration, especially Fr. Hoang and close 7-8 families who contributed much to the Garden. In the afternoon of 13th October, Saturday, we first appreciated the work that our volunteers have done to the grounds and prayed the Way of the Cross, using the stations donated to us by the former St. Charles Parish and decorated by Teresa Szeto. It was a cold and windy day but it did not deter us from devoting to the nature and creation generously given to us by God.

In this initial year of the Faith Prayer & Vegetable Garden, we are supported by a donation by the organization, Faith for the Common Good, to acquire the necessary farming equipment. Two student volunteers from the Horticulture Department of Algonquin College also came to help cultivating the land throughout the season. Fr. Rob Arsenault, the Consultor of our Region, and Fr. Dennis Hayes, our former Consultor, also took part in the Way of the Cross and stayed for our evening celebration.

In the evening of the Harvest celebration, Edward & Janet Sham, in cooperation with Gary & Ceci Chow, treated our 40 plus volunteers and guests of the Garden to a sumptuous dinner of steak and seafood, concluded with fantastic desserts. We pray that the cooperation and the joy of 2018 would lay the foundation for blossoming years to come.

十月十三日舉行的秋收慶祝會為感激積極參予信德園計劃的義工,特別是在今夏一直悉心打理菜園的黃航海神父與7-8個家庭.是日雖然在天氣較冷風大下在後園拜苦路,卻不減我們對上主恩賜大自然的熱情.很高興Fr. Rob Arsenault, the Consultor of our Region, and Fr. Dennis Hayes, our former Consultor亦一同參予拜苦路. 在此,也多謝Teresa Szeto特別安排佈置前St. Charles Parish捐贈的十四苦路座.晚間, Edward & Janet Sham, Gary & Ceci Chow為四十多位義工與嘉賓準備了豐富美味的牛排海鮮餐及甜點,衷心向他們致謝.

信德園計劃的順利進展, 亦有賴以下支持者:

- 1) Algonquin College園藝科的兩位義工同學的協助
- 2) Faith for the Common Good機構捐款購買必需的務農物品 今年的愉快合作, 希望可為來年帶給信德園計劃有更好的成績!



主网员足心满版 Ancestor Remembrance Mass 17/10

關於敬祖的幾點建議

杜寶田神父

祭孔祀祖在1715年三月十九日,教宗克來孟已全面禁止。二百二十年之後,在1935 年三月二十八日教宗比約十二世,藉傳信部回答吉林教區主教詢問的機會,已解除此項禁令。但當日吉林已屬滿洲國,而且連年戰爭,訊便傳達不便。1939年日軍佔領山東,孔子的老家;為了政治目的,大事舉辦祀孔活動,反對者科以重刑。那時田耕莘(尚未升樞機)正是陽穀教區主教,急電羅馬請示,可幸他屬下的傳教士多是德國人(與日本同屬軸心國,通訊較為方便)。傳信部及時重申前令,准許教友參與民俗式 的祀孔典禮。

請注意,「祭祖」一詞,台灣已改為「敬祖」,這樣用起來,更可以避免誤解。(我們堂區的敬祖儀式,大約起始於1983年,完全遵守)香港的版本。可以分為三個主題:1-祭天,2-敬祖,3-團拜。

1:祭天,就是崇拜天主,我們教會最大而最完美的祭天儀式,便是彌撒。不過,敬祖時,我們可以共同朗誦信經,因為我們不但朝拜一般人的造主,而更信奉耶穌所啟示的愛人,救人並接納人類享永生的天主。新春開始,我們更可以祈求上主賞賜大家健康與平安。這一節禮儀可沿用香港本的讀經和歌唱等。

2:敬祖,在中國文化來講,飲水思源,追恩報德,本是文化留下來的傳統;而天主教的信仰, 好似興奮劑一樣,注入我們文化內,能使它更為活耀,更具意義。例如面對祖先牌三鞠躬,普通 認為理所當然的,如果加入教會「諸聖相通功」信仰道理的話,我們更可以為祖先祈禱,做刻 或著向他們祈禱。我們的祖先都未受洗,大家不會相信他們都下地獄吧。耶穌的祖先在亞巴 朗之前,同其他未曾認識耶穌的人類,完全下地獄嗎?不可能的。因為人類依良心做事,不會被 仁慈的天父,拋棄不顧。但我們從未認識過他們,沒有感情,更不會為他們祈禱了。在這裏請大 家深思一下,天主的本性和時間的道理:昨天已屬過去,存在人的記憶中;明天,尚在希望內, 毫無把握。屬於我們的只有今天,或者現時。而為天主則是沒有時間的限制,過去,將來,為祂都 是現實。這是祂的超越性,我們不能完全明白的。這就是說我們現在的祈禱,對百年前的祖先, 也可能有了功效,也就是說,因我們今天的代禱,幾百年年前的他們,已接受了天主的助佑。神 學家稱為「預見」。天主「預見」耶穌的救贖,就賞賜聖母始胎無原罪。大家想過這端道理嗎? 祈禱並非只多念幾遍經文,因為認真的講,祈禱就是人與天主的密切溝通。愛天主,讚美主,崇 欽,悔罪,求恕,都是祈禱。在生命中,接受天主的聖意,忍受病苦也都是祈禱。 人不祈禱就像兵無槍,鳥無翅,成為廢物。故此聖經勸人<應時常祈禱,不要灰心>(路:18 1)。丈夫返工,以基督徒作風,愛主愛人的 精神去工作;婦人主持家務,以基督的精神,在家 中教養子女,也都是祈禱。自然地,晚間家庭公共祈禱,也應受到鼓勵。團體敬祖時,很難 提出先人的名字,不過可以留下三分鐘,讓每人追念自己的祖先,尤其是思考自己可做且應做的善 好像童軍的日行一善;和每人生活中應受的苦,好以基督的精神,去接受。煉靈所需要的, 就是這類補贖的神功。奉獻時可用花、香、果、免用酒肉等食物、 (參閱聖詠106, 28節) 好避免令人妄想,亡者還需要食物,因為民間仍有《餓死鬼》的傳說。表揚忠孝: 在我們團體 如有某兄弟姐妹,特別辛苦地,照顧家中長者或病者,也可以在此表揚一下。這對其本人是 一種鼓勵,為參禮者也是一種感召,引人加入本堂區愛德組,探訪堂區內的孤獨老人等。

3:團拜,新年敬祖加入團拜也是富有意義的活動,新年見面彼此問候一番,歡笑幾聲,尤其在過往彼此有點問題的人們,以笑泯怨仇,忘記前嫌,也是一個好機會。有人想間化它,不要浪費時間,我則不以為然。宜使出席者都能彼此拉拉手,尤其是初次見面的朋友們,自然時間不要太長。試想一下,耶穌最大的誠命是愛人,不識或不接觸人,如何去愛人呢?

教宗本篤 十六世「在真理中實踐愛德」的通諭內告訴我們:科技全球化,能使千里成為鄰人,但沒有使我們成為弟兄姐妹。然而弟兄手足之情,正是基督徒追求的精神。有時我們心中想,非洲有飢荒,但我有心無力,愛莫能助,這是事實。但你有否看到在我們社區內,就有須要幫助的人?你有無設法將手伸出去?我們都要努力克勝「冷情」「利己」「妒恨」等邪情,並更加努力接納弟兄姐妹之間的差異。如此方可避免最后審判者的怨言:「我飢時,你們沒有給我吃的••」。(瑪:25章)。最后可以大家手拉手,共唱天主經,以結束我們的敬祖禮儀。

A few suggestions about the Rite for Honoring Ancestors (by Fr. Thomas Tou, 2015) – a synopsis

Pope Pius XII resumed the Rite for Honoring Ancestors in 1935. Following the Rite from Hong Kong, the parishes in Montreal and Ottawa have been practicing the Rite of Honoring Ancestors since 1983.

The Rite consists of 3 parts:

- Worshiping God: the Eucharist is the ultimate worship we practice in worshiping God. We start the Rite of Honoring Ancestors with the Mass.
- 2. Honoring Ancestors: remembering our ancestors and the blessings that they have handed on to us is a virtue that we treasure in Chinese culture. In our Catholic faith, the communion of saints encourages us to pray for each other, especially our ancestors who may not have known Christ. However, God is eternal. Time is no obstacle for God. Our prayers for and with our ancestors are as effective as we are praying for them and for each other today.

While we observe the Rite of Honoring Ancestors, it is rather difficult to name all our ancestors in our prayers. We could stay silent for a few minutes so that everyone of us could pray for our ancestors. It is recommended that we offer flower, incense and vegetables, but not meat to avoid the misconception of the superstitious practice of feeding the dead.

The practice of honoring ancestors also encourages filial piety in our community. As a follow up activities, we could also conduct programs of caring for the elderly and the sick.

3. Community Reconciliation: Through the Rite for Honoring Ancestors, it also provides the chance for members of the parish community to reconcile with each other. It consolidates and promotes friendship for the greatest commandment is love. This is reaffirmed by Pope Benedict XVI in his encyclical: Caritas in veritate encouraging us to fight indifference and enmity through fellowship and friendship.

The Rite of Honoring Ancestors could be concluded with the collective praying of the Lord's prayer and wishing each other peace through handshakes.









團體消息

- 1. 十一月煉靈月, 教友可在祭台前紀念冊填寫親友名字,為他們亡魂祈禱.
- 2. 團體修和聖事, 定於將臨期的十二月十五日, 星期 六, 下午一時三十分舉行, 教友應藉此機會在主內更新、與主與人修好, 讓大家能一起共頌主恩。當天亦同時進行每月的朝拜聖體, 請教友踴躍參予。
- 3. 堂區聖誕慶祝會定於十二月十六日主日感恩祭後舉行.
- 4. 堂區2019年度月曆售價每本三元 ,請在聖堂門口與Fred Szeto洽購。



在十月十四日,藉六十三周年的聚會,聖母無原罪蔡修女特意從滿地可來我們堂區,帶領我們反思聖母對我們家庭及敬祖觀念的啟示,並和我們一 起誦唸玫瑰經和玫瑰月呼應。我們粵韻的朋友也頌唱福音粵曲配合,更獲渥太華聲威中樂團拍和。是日百來位年來為堂區盡力的義工教友,歡聚一堂,共享 主內的友情,堂區內的數位青年和新領洗的家庭招待各參與教友。餐後各義工又迅速投入服務清潔。各人的合作精神可嘉。

On October 14, our young people collaborated with the organizers of the 63rd Anniversary celebration of our community in serving our parishioner volunteers lunch. Then they prayed the Rosary with everyone to help reflect on the message of Rosary in October, as well as Mary's inspiration on the family and our desire for honoring ancestors. It was a packed program with good participation. We are most thankful for all who helped to make the celebration possible.





































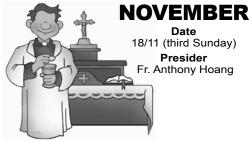
陳瑞朝	David Chan (共同主席)
李利	Lily Li (共同主席)
陳利爵	Richard Chan (共同主席)
龔換根	Bosco Kung
楊建華	Jian Hua Yang
方良炎	James Fong (財務委員會代表)
羅靜如陳麗珠	Angelina Lo (當然委員) Linda Chan (秘書)
農正心	Lydia Nung (秘書)
	Finance Council
鄧鉅振	Thomas Tang (Project Manager)
方良炎	James Fong (Coordinator)
夏景榮	Jimmy Ha
黎寶珍	Katie Ng
莫淑蘭	Suk Lan Mok
張彥潔	Agnes Zhang
農李美玲	-
氾浩泉 N 事 羅靜如	Deacon Peter Fan (當然委員) Angelina Lo (當然委員)
	Standing Commissions
禮儀	Liturgy
	Rexan Wong (Coordinator)
王治耀	Louis Wang (Altar Server)
陳瑞朝	David Chan (Lectors)
	May Nung (Youth Liturgy)
李美蘭	Joyce Wong (Eucharistic Ministry)
黃金霞	Teresa Szeto (Sacristy)
羅翠貞	Helena Wong (Sacristy)
農大鈞	John Nung (Choir A)
陳瑞平 李美玲	Sunny Chan (Choir B) Mei Ling Li
	Fred Szeto
陳連娣	Janet Sham
黃暐	Wei Huang
王芬芬	Louisa Wong
信仰培育	Christian Education
1	Fr.Stephen Liang (Coordinator)
	Deacon Peter Fan
農大鈞	John Nung
陳志彪	Bill Chan
吳祈 張彥潔	Eric Wu Agnes Zhang
世風潔	Irene Chang
李美玲	Mei Ling Li
陳小喬	Rosa AuYeung
楊建華	Jian Hua Yang
黃健平	Dicky Wong
	Community Life
歐慧賢	Linda Au (Coordinator)
陳楚儀	Chor Yee Chan
陳淑芬陳小喬	Cecilia Chan Rosa AuYeung
一陳小高 張貴鳳	Jessica Cheung
東東島 葉敏華	Anita Cheung
黃振方	James Wong
羅翠貞	Helena Wong
夏少仁	David Xia
陳潔華	Jennifer Yeung
方李美娥	Lucille Fong
陳利爵	Richard Chan
陳麗珠	Linda Chan
楊憂國	You Guo Yang Lei Cai
祭雷 黎潔儀	Jie Yi Li
開愛	Christian Service
羅靜如	Angelina Lo (Coordinator)
劉湘貴	Gloria Kung
羅翠貞	Helena Wong
區兆樑	Raymond Au
李美玲	Mei Ling Li
李美蘭	Joyce Wong
温麗妮	Lai Nai Wan
王芬芬	Louisa Wong
進悉藩	
張愛蓮 劉泰茁	Therese Yuen
劉秀英	Therese Yuen Christina Fan
	Therese Yuen

牧靈議會





Youth Mass



Date 18/11 (third Sunday) Presider

Fr. Anthony Hoang

LINK ON PARISH

教友如欲更新在堂區記錄上的 個人/家庭資料,請參閱堂區 通訊或到堂區綱站 www.ottawachinesecatholic.org 作連線更新 https://goo.gl/pKEV0g

Parishioners who wish to update their personal registration at the parish office, please use the update link https://goo.gl/pKEV0g in parish's monthly bulletin or parish's website at

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